

SEAFOOD BISTRO & GRILL



IMPORTANT NOTICE

Please note that we cannot fully guarantee the complete absence of allergens in our final dishes. If you have any allergies or dietary requirements, kindly let a member of our team know so that we can make every effort to ensure that your dining experience is safe and enjoyable.

ALLERGY KEY CHART

Contains Gluten	(1)
Contains Milk	(2)
Contains Peanuts	(3)
Contains Crustaceans	(4)
Contains Eggs	(5)
Contains Fish	(6)
Contains Sulphur Dioxide	(7)
Contains Molluscs	(8)
Contains Mustard	(9)
Contains Sesame	(10)
Contains Soybean	(11)
Contains Tree-nuts	(12)
Contains Celery	(13)
Contains Lupin	(14)



TO START





FISH		SHELLFISH		
Potted Smoked Haddock & Mussels Creamed white wine sauce, Poached egg & wilted spinach (2, 5, 6, 8)	£14.95	Shellfish Bisque HOMEMADE SEAFOOD BISQUE WITH AIOLI CROUTES & CHIVE (1, 2, 4, 5, 7)	£14.95	
Whitebait Whitebait with homemade tartare sauce (1, 5, 6)	£14.95	Seafood Cocktail Crab, Prawn & Smoked Salmon Cocktail, Served in a bed of lettuce, Topped with Marie Rose Sauce (1, 4, 5, 6)	£14.95	
CRAB		Tempura Prawns FOUR DEEP FRIED TEMPURA PRAWNS WITH ASIAN SLAW, GOMA & WASABI DIPPING SAUCES (1, 3, 4, 7, 11)	£14.95	
Crab Timbale Chancre Crab Pot Salad, Freshly Picked White & Yellow Meat With Baby Tomatoes & Delicate Garden Herbs (2, 4, 5)	£15.95	Garlic Prawns Pan fried king prawns & Chorizo Served in Garlic Butter with toasted Sea Salt Ciabatta Bread. (1, 2, 4, 7)	£14.95	
Crab & Avocado Salad CRAB & AVOCADO SALAD WITH A CHERRY TOMATO (4, 5, 6)	£15.95	OYSTERS		
Crab & Scallop Pancetta Crumble FRAGRANT CRAB, COMPRESSED MELON,	£15.95	Fresh Jersey Oysters (6) SERVED ON A BED OF CRUSHED ICE WITH A CHOICE OF VINAIGRETTES (7, 8)	£15.95	
SEARED SCALLOP FINISHED WITH PANCETTA CRUMBLE (4, 8)		Simplicity Itself (6) WITH FRESHLY SQUEEZED LEMON (8)	£15.95	
Crab Thermidor FRESHLY PICKED CRAB MEAT SERVED IN A THERMIDOR SAUCE ON A BED OF AROMATIC RICE (2, 4, 7)	£17.95	Oysters Bloody Mary (6) SERVED WITH GREY GOOSE VODKA, FRESHLY SQUEEZED TOMATOES, WORCESTERSHIRE SAUCE & A DROP OF TABASCO (1, 6, 7, 8)	£17.50	
		Grilled Oysters (6)	£16.95	



£14.95



Deep Fried Calamari	£12.95
DEEP FRIED CHILLI CALAMARI IN BREAD	

CRUMBS, SERVED WITH TARTARE SAUCE

Coquille Saint Jacques £14.95 VERY FRENCH AND SIMPLY DELICIOUS,

SCALLOPS AND COQUILLES IN A CLASSIC SAINT JACQUES SAUCE WITH SMOOTH MASHED POTATO (2, 8)

Pan Fried Scallop & Belly Pork

SCALLOP SALAD WITH PANCETTA, BALSAMIC

SEARED SCALLOPS WITH CRISP BELLY PORK,

Warm Scallop Salad

& MARSALA SAUCE (4, 12)

APPLE & VANILLA PUREE (8)



(1, 5, 7, 8)



TO START





VEGETARIAN

Moules a La Crème Steamed Mussels in a white wine, Garlic, Shallots, Jersey Cream, & Parsley Sauce (2, 7, 8)	£14.95	Avocado Salad (vegan) HASS AVOCADO WITH FRESH FIG, GALIA MELON, MINT & BASIL	£12.95
Thai Mussels	£14.95	Deep Fried Goats Cheese	£13.95
Steamed mussels in curried coconut milk with bamboo shoots, spring onion, lemon grass & pak choi (1, 8)		Deep fried goats cheese in golden bread crumbs, with a beetroot salad and sweet chilli Jam (1, 2, 5)	
		Sauté Wild Mushrooms	£13.95
Mussel Main Course Portions	£21.00	WILD MUSHROOMS ON TOASTED BRIOCHE, TOPPED WITH A POACHED EGG AND TRUFFLE OIL (1, 2, 5)	
		Italian Tomato Buffalo Mozzarella	£12.95
		Served in a pesto salad with fresh basil leaves (2, 12)	
MEAT		Penne Pasta & Vine Tomatoes	£11.95
		WITH GARLIC, CHILLI, BASIL & BUFFALO MOZZARELLA (1, 2, 5)	

Charcuterie

£16.95

WAFER SLICES OF COLD CURED MEATS, TRIO OF HARD AND SOFT CHEESE, BRINED GHERKINS AND OLIVES, CONDIMENTS, FRUITS, AND CRACKERS. (1, 2, 7)

Char-grilled Chicken Caesar Salad £15.95

SLICES OF OF CHAR GRILLED CHICKEN SERVED ON A BED OF BABY GEM LETTUCE WITH PARMESAN. CROUTONS AND ANCHOVIES (1, 2, 5, 6, 9)

Parma Ham £13.50

Buffalo mozzarella, parma ham, fresh figs, melon, with a basil & mint (2)





MAIN COURSES



SERVED WITH JERSEY ROYALS AND FRESH

Chef's Catch of the Day

SEASONAL VEGETABLES. (2, 6)

MEUNIER SAUCE AND JERSEY ROYALS (2, 6,)



		SHELLFISH		
Beer Battered Cod SERVED WITH MUSHY PEAS, HAND CUT QUAYSIDE CHIPS & TARTARE SAUCE (1, 5, 6, 7)	£27.95	1/2 Jersey Lobster ½ Lobster, Crab & Prawn Salad Served WITH JERSEY ROYAL POTATOES (1, 2, 4, 5, 7)	£34.95	
Sea Bream Beurre Blanc Two grilled fillets of fresh sea bream Served with a delicious beurre Blanc Fish sauce, served with French beans, Broccoli & French fries (2, 6, 7)	£27.95	Whole Jersey Lobster Whole Lobster, Crab & Prawn Salad Served with Jersey Royal Potatoes (1, 2, 4, 5, 7)	£63.00	
Pan-fried Fillet of Sea Bass WITH A CREAMED SAFFRON SAUCE AND MUSSEL SAUCE, ASPARAGUS, SPROUTING BROCCOLI & JERSEY ROYALS. MUSSELS, PERNOD AND SAFFRON SAUCE (2, 6, 7, 8)	£28.95	Fruits de Mer (serves 1 person) ½ Lobster, Mussels, Smoked Salmon, CRAB CLAW, COCKLES, OYSTERS & GAMBAS, WITH A LIGHT SALAD, SERVED WITH JERSEY ROYAL POTATOES (1, 2, 4, 6, 8)	£79.00	
Pan fried Fillet of Salmon CRUSHED JERSEY ROYAL POTATOES, WILTED SPINACH, SERVED WITH A CREAMED WHITE WINE SAUCE (2, 6, 7)	£28.95	Thai King Prawn Curry COOKED IN A DELICIOUS GREEN THAI CURRIED COCONUT MILK SAUCE WITH SPRING ONION AND PAK CHOI. (1, 4, 11)	£28.95	
Whole Grilled Plaice on the Bone SERVED WITH A RICH SALSA VERDE, JERSEY ROYAL POTATOES (2, 6)	£28.95	Whole Crab (Amazing) A Whole Medium Size Chancre Crab Split in two, ready to pick Served with A Mixed Salad, & Jersey Royal Potatoes, (2, 4, 5, 7)	£38.00	
Dover Sole GRILLED DOVER SOLE SERVED ON THE	£45.95	Grilled Lobster 1/2 Lobster and French Crevettes	£37.00	
Bone, with Jersey royals and seasonal vegetables & home made tartare sauce. (2, 5, 6, 7)		WITH GARLIC BUTTER , CHORIZO SERVED WITH FRAGRANT COCONUT RICE (2, 4)		
Oven Baked Cod Fillet TOPPED WITH A RED PEPPER & FOCACCIA CRUST, SERVED ON A CASSOULET OF CHORIZO, CHICKPEAS & SHALLOTS WITH GRILLED BABY GEM (1, 2, 6)	£25.95	Lobster Thermidor 1/ 2 Lobster Removed from the Shell, Diced and Cooked with white wine, Shallots, Garlic, Dijon Mustard and Parmesan Cheese and Cream with a few Drops of, Cognac on a bed of Rice (2, 4, 7, 9)	£35.00	
Quayside Luxury Fish Pie	£30.95	(2, 4, 7, 7)		
DICED COD, LOBSTER, EGGS AND MUSHROC TOGETHER WITH GREENLAND PRAWNS & CI BAKED IN A BEAUTIFUL QUAYSIDE SAUCE TO WITH MASHED POTATO AND GRATED CHEES (1, 2, 4, 5, 6, 8)	RAB. PPED	SURF 'N' TURF		
Lemonsole Meunier Pan-fried and topped with a nutty	£34.99	Rib-eye & King Prawns CHAR-GRILLED 80Z RIB-EYE STEAK (COOKED	£33.95	



£63.00

TO ORDER)TOPPED WITH GARLIC KING

Royal Surf & Turf

PRAWN TAILS, SERVED WITH A ROCKET, RED ONION & PARMESAN SALAD. (2, 4, 7)

Char-Grilled Fillet Steak cooked to order with a 1/2 lobster tail. and french prawns, served with a parmesan rocket salad, & French fries. Garlic butter optional (2, 4, 7)



MAIN COURSES



FRITES (1, 2)



PASTAS / RISOTTO / VEGETARIAN

Panfried Breast of Chicken	£25.95		
WITH DAUPHINOISE POTATOES, WILD		Seafood Linguine	£27.95
mushroom & tarragon jus (1, 2, 7, 13)		WITH A MIX OF SCALLOPS, CRAB, SQUID,	
Duck AL 'orange	£27.95	Mussels and Prawns, Garlic & Basil (1, 2, 4, 5, 7, 8)	
WITH DAUPHINOISE POTATO, SESAME PAK CHOI & A BITTER ORANGE JUS.		Smoked Haddock Risotto	£24.95
(1, 2, 10, 13)		With Chive & Parmesan (2, 6, 7))	
Quayside Flamed Grilled Burger WITH MELTED CHEDDAR CHEESE, BACON, HAND CUT QUAYSIDE CHIPS & SALAD (1, 2, 5)	£21.95	Wild Mushrooms Penne Pasta (v) WITH BLACK TRUFFLE, BASIL PESTO AND JERSEY CREAM (1, 2, 5, 7, 12)	£24.95
Chargrilled 10oz Ribeye Steak SERVED WITH WILD MUSHROOMS, SPINACH, CHERRY TOMATOES, HAND CUT QUAYSIDE CHIPS, PEPPERCORN SAUCE & BÉARNAISE SAUCE ON THE SIDE (1, 2, 5, 7))	£34.95	Wild Mushrooms Risotto (v) Panfried Wild Mushrooms in a Cheese and Cream Sauce, served in a bed of Risotto Topped With Rocket (2, 7)	£22.95
Chargrilled 80z Fillet Steak SERVED TO ORDER WITH WILD MUSHROOMS SPINACH & CHERRY TOMATOES, JERSEY NEW POTATOES, PEPPERCORN & BÉARNAISE SAUCE		Thai Green Vegetarian Curry PAT CHOI RED ONIONS, GREEN CHILLI, BAMBOO SHOOTS WATER CHESTNUTS AND SPRING ONIONS (12) (VEGAN)	£22.95
on the side (1, 2, 5, 7))		Seafood Risotto	£25.95
Chicken Schnitzel	£22.95	With prawns, mussels, squid, scallops, chive & parmesan (2, 4, 7, 8))	
With Cheese, Bacon Sauce, Salad & Pomn	AES		



SIDE ORDERS

All Side Orders £6.50

HAND CUT CHIPS

French Fries

JERSEY ROYALS (D)

Dauphinoise Potatoes (D)

FRAGRANT BASMATI RICE

Green Salad

Mixed Salad

VEGETABLES OF THE DAY (D)

Sautéed Mushrooms (D)

BABY SPINACH (D)





ALLERGENS

- (I) Cereals containing gluten, namely: wheat (spelt and khorasan), rye, barley, oats or their hybridized strains and derivatives, except:
 - a) grain-based glucose syrups, including dextrose (*);
 - b) grain-based maltodextrin (*);
 - c) barley based glucose syrups;
 - d) cereals used for manufacturing alcoholic distillates, including ethyl alcohol of agricultural origin;
- ② Crustaceans and products based on shellfish;
- Eggs and egg-based products;
- Fish and fishery products, except:
 - a) fish gelatin used as a support for vitamin preparations or carotenoids;
 - b) gelatin or isingluss used for the clarification of beer and wine;
- Peanuts and peanut-based products;
- Soy and soy based products, except:
 - a) oil and refined soy fat (1);
 - b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate, soy-based D-alpha tocopherol succinate;
 - c) Phytosterol derived vegetal oils and soy-based phytosterol esters;
 - d) vegetal stanol esters produced by soy-based vegetal oil sterols.
- (including lactose, except:
 - a) whey used for manufacturing alcoholic distillates;
 - b) latito;
- *®* Nuts, more precisesly:
 - almonds (Ámygdalus communis L.), hazelnuts (Corylus avellana), walnuts (Juglans regia), cashew nuts (Anacardium occidentale), pecan nuts [Carya illinoinensis) (Wangenh.) K. Koch], brazilian nuts (Bertholletia excels), pistachios (Pistacia vera), macadamia or Queensland nuts (macadamia ternifolia), and their products except for nuts used for manufacturing alcoholic distillates, including ethyl alcohol of agricultural origin;
- Celery and celery-based products;
- Mustard and mustard-based products;
- Sesame seeds and sesame seeds-based products;
- Sulfur dioxide and sulfites in concentrations above 10mg/kg or 10mg/l in terms of the total amount of SO2 to be calculated for the products as they result ready to consume or reconstituted as per manufacturers instructions;
- Lupines and lupines-based products;
- Mollusks and mollusks-based products;
- (*) And all the derived products whose transformation does not impact on the level of allergy

